

Devon County Ross Shield Championships
Tavistock 8 November 2009

<u>Medal</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
<u>Mens Open</u>			
Gold	Peter Freedman	Tavistock AC	36;44
Silver	Jim Cole	Tavistock AC	38;16
Bronze	Tim Gill	Tavistock AC	40;20
<u>Mens Vet 40</u>			
Gold	Chris Champion	Tavistock AC	42;33
Silver	Andrew Mansfield	NDRR	46;02
Bronze	Tim Short	Plymouth Harriers	46;11
<u>Mens Vet 45</u>			
Gold	Iain Darby	Plymouth Coasters	43;16
Silver	Tim Legg	Honiton RC	43;13
Bronze	Tony Vesty	NDRR	45;01
<u>Mens Vet 50</u>			
Gold	Paul Lovell	Plymouth Harriers	45;05
Silver	Adrian Millership	PAC	47;34
Bronze	Steve Rose	Plymstock RR	48;06
<u>Mens Vet 55</u>			
Gold	Les Lock	SW Vets	44;34
Silver	Michael Beattie	Plymouth Harriers	46;19
Bronze	Michael Woodrow	Plymouth Coasters	49;05
<u>Mens Vet 60</u>			
Gold	Mike Lewis	SW Vets	52;02
Silver	Roger Kitteridge	Plymouth Harriers	54;22
Bronze	Michael Roberts	Plymouth Harriers	59;59
<u>Mens Vet 65</u>			
Gold	David Hyde	Torbay AC	54;14
Silver	Sydney Willcocks	Teignbridge Trotters	55;00
Bronze	Graeme Baker	Teignbridge Trotters	56;23
<u>Mens Vet 70</u>			
Gold	David Dane	Plymstock RR	71;22
Silver			
Bronze			

Ladies Open

Gold	Ami Yetton	Plymouth Harriers	43;33
Silver	Marilyn Blair	Torrington AAC	47;48
Bronze	Jill Anderson	Plymouth Harriers	50;07

Ladies Vet 35

Gold	Jinny Street	Torrington AAC	52;10
Silver	Paula Simson	Erme Valley Harriers	53;58
Bronze	Helen Roberts	Plymstock RR	54;19

Ladies Vet 40

Gold	Stephanie Olliffe	Torrington AAC	51;36
Silver	Becky George	Teignbridge Trotters	53;51
Bronze	Maria Porter	Plymstock RR	54;56

Ladies Vet 45

Gold	Jill Anderson	Plymouth Harriers	50;07
Silver	Amanda Perry	WRN	56;40
Bronze	Pam Duncan	Erme Valley Harriers	57;17

Ladies Vet 50

Gold	Marilyn Blair	Torrington AAC	47;48
Silver	Shelby Chew	WRN	53;40
Bronze	Gia D'Aprano	Teignbridge Trotters	53;46

Ladies Vet 55

Gold	Annie Wakeham	WRN	64;42
Silver			

Ladies Vet 60

Gold	Myra McKay	Erme Valley Harriers	58;13
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Mens Team (6 to count)

Gold	Tavistock AC	P Freedman, J Cole, T Gill, N Barkell, C Champion, B Townshend
Silver	Plymouth Harriers	A Cusack, R Quew, H Thomas, T Short, M Beattie P Lovell
Bronze	Plymstock RR	M Saunders, H Gallagher, S Dilley, D Hurrell A Botterill, S Rose

Vet Mens Team (3 to count)

Gold	Plymouth Harriers	P Lovell, T Short, M Beattie
Silver	Plymouth Coasters	I Darby, M Woodrow, M Cork
Bronze	Plymstock RR	A Boppterill, S Rose, P Ford

Ladies Team (3 to count)

Gold	Plymouth Harriers	A Yetton, J Anderson, V Murphy
Silver	Torrington AAC	M Blair, S Olliffe, J Street
Bronze	Teignbridge Trotters	G D'Aprano, B George, S Bowman

Ladies Vet Team (3 to count)

Gold	Torrington AAC	M Blair, S Olliffe, J Street
Silver	Plymouth Harriers	J Anderson, L Trebilcock, J Jenkins
Bronze	Teignbridge Trotters	G D'Aprano, B George, S Bowman