

Devon County AA Off Road Championships
Six Moor Miles 19 July 2009

<u>Medal</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
<u>Mens Open</u>			
Gold	Neil Holmes	Erme Valley Harriers	38;47
Silver	Tony Symons	Tavistock AC	39;50
Bronze	John Shapland	NDRR	40;26
<u>Mens Vet 40</u>			
Gold	Neil Holmes	Erme Valley Harriers	38;47
Silver	Robert Leeke	SDAC	43;01
Bronze	Richard Ayson	Erme Valley Harriers	45;28
<u>Mens Vet 45</u>			
Gold	Tony Symons	Tavistock AC	39;50
Silver	Ian Pang	SWRR	42;10
Bronze	Nicholas Einchcomb	SWRR	43;04
<u>Mens Vet 50</u>			
Gold	Mike Hansen	Erme Valley Harriers	41;06
Silver	John Crockford	Plymouth Coasters	44;32
Bronze	David Lynch	SDAC	48;48
<u>Mens Vet 55</u>			
Gold	John Shapland	NDRR	40;26
Silver	Jim Jennings	Torrington AAC	45;47
Bronze	Ian Snow	Torrington AAC	47;36
<u>Mens Vet 60</u>			
Gold	Robert Millward	SWRR	52;20
Silver	Milos Erben	Teignbridge Trotters	54;48
Bronze			
<u>Mens Vet 65</u>			
Gold	Pete Tabenor	Plymouth Harriers	49;23
Silver	Mark Waddicor	SWRR	57;34
Bronze			
<u>Mens Vet 70</u>			
Gold			
Silver			
Bronze			

Ladies Open

Gold	Karen Cook	SWRR	49;11
Silver	Rowena Melbourne	Instinctive Sports	49;36
Bronze	Gia D'Aprano	Teignbridge Trotters	52;07

Ladies Vet 35

Gold
Silver
Bronze

Ladies Vet 40

Gold	Davina Blanchard	SWRR	52;29
Silver			
Bronze			

Ladies Vet 45

Gold	Sharon Terry	Erme Valley Harriers	57;02
Silver			
Bronze			

Ladies Vet 50

Gold	Karen Cook	SWRR	49;11
Silver			
Bronze			

Ladies Vet 55

Gold	Stephanie Gillman	SDAC	63;27
Silver			
Bronze			

Ladies Vet 60

Gold	Myra McKay	Erme Valley Harriers	59;28
Silver			
Bronze			

Mens Team (4 to count)

Gold	Erme Valley Harriers	N Holmes, M Hansen, B Trigg, R Ayson
Silver	SDAC	J Hocking, R Leeke, R Martin, D Lynch
Bronze		

Vet Mens Team (3 to count)

Gold	Erme Valley Harriers	N Holmes, M Hansen, R Ayson
Silver	SDAC	R Leeke, R Martin, D Lynch
Bronze		

Ladies Team (3 to count)

Gold	Erme Valley Harriers	L Bracher, S Terry, M Mckay
Silver		
Bronze		

Ladies Vet Team (3 to count)

Gold	Erme Valley Harriers	L Bracher, S Terry, M Mckay
Silver		
Bronze		