

Devon Race Diary 2010

Issue 4 - Jan 2010

XC = Cross Country M/T = Multi Terrain C = County Championship * = Date to be confirmed/Licence Application to be submitted

January

3	First Chance 10K	Exeter	1030	10K		Sunday	www.swrr.co.uk
3	January Jaunt 10K	Plympton	1000	10K		Sunday	
10	EA SW XC Champs	Bicton College			XC	Sunday	www.englandathletics.org
10	Oh My Obelisk	Dawlish	1100	10 Miles approx	M/T	Sunday	www.dawlishcoasters.co.uk
13	Armada Network 3K	Plymouth	1900	3K		Wednesday	www.armadaathletics.com
17	Westward League	Bideford		Various	XC	Sunday	www.westwardleague.co.uk
24	Braunton 10	Braunton	1100	10 Miles		Sunday	www.northdevonroadrunners.webeden.co.uk
31	GWR Warm Up Race Series	Exeter	0930	5K		Sunday	www.ironbridgerunnerevents.co.uk

February

7	Fulfords GWR 5 Mile	Exmouth	1100	5 Miles		Sunday	www.exmouth-harriers.co.uk
10	Armada Network 3K	Plymouth	1900	3K		Wednesday	www.armadaathletics.com
14	Westward League	Bovey Tracey			XC	Sunday	www.westwardleague.co.uk
21	Brooks Plymouth Hoe 10	Plymouth	1000	10 Miles	C	Sunday	www.tamartrotters.co.uk
18	GWR Warm Up Race Series	Exeter	0930	10K		Sunday	www.ironbridgerunnerevents.co.uk

March

10	Armada Network 3K	Plymouth	1900	3K		Wednesday	www.armadaathletics.com
14*	March Hare 10K	Plympton	100	10K		Sunday	
21	Westward League	Redruth			XC	Sunday	www.westwardleague.co.uk
21	GWR Warm Up Race Series	Exeter	0930	10K		Sunday	www.ironbridgerunnerevents.co.uk
28	Great West Teignbridge Ten	Kingsteignton	1030	10 Miles		Sunday	www.teignbridgetrotters.co.uk

April

5*	Bampton to Tiverton	Bampton	1030	7m 125yds		Monday	www.tiverton-harriers.co.uk
18*	Honiton Hippo	Honiton				Sunday	www.honitonrc.com
18*	Tavistock Half Marathon	Tavistock		13.1 Miles		Sunday	www.tavistockathletics.com
25*	Arlington Court Canter	Barnstaple	1100	10K approx	M/T	Sunday	tom@ashelford.co.uk

May

2*	Great West Run + 5K	Exeter	1000	13.1 Miles		Sunday	www.thegreatwestrun.co.uk
7*	Round the Tree	Torrington	1900	2.5 M approx	M/T	Friday	www.torringtonaac.org
9	The Exterminator	Paignton	1000	10K approx	M/T	Sunday	www.southdevon.ac.uk/exterminator
15	Ivybridge 10K	Ivybridge	1830	10K		Saturday	www.ev.h.5u.com
23	Crediton Crunch	Crediton	1030	10K approx	M/T	Sunday	www.womensrunningnetwork.co.uk
30	Plymouth Half Marathon	Plymouth	1000	13.1 Miles		Sunday	www.plymouthhalfmarathon.co.uk

June

3*	Coastal Dash	Dawlish	1900	4 Miles approx	M/T	Thursday	www.dawlishcoasters.co.uk
5*	Saltram Park 5K	Plymouth	1900	5K		Saturday	www.plymouthcoasters.co.uk
5*	Dartmoor Discovery	Princetown	0930	32M 637 Yds		Saturday	www.dartmoordiscovery.co.uk
6*	Exmouth Challenge	Exmouth	1300	TBC	M/T	Sunday	www.exmouth-harriers.co.uk
13*	Plym Valley Challenge	Plymouth	1000	9M approx	M/T	Sunday	www.instinctive.org.uk
13*	Ruby Run	Holworthy	1030	13.1 Miles		Sunday	www.rubyrun.co.uk
20*	Yeo Mill Yomp	West Anstey	1030	10.25 M Approx	M/T	Sunday	www.tiverton-harriers.co.uk
26*	Killerton Kanter	Killerton House	1800	10K approx	M/T	Saturday	www.swrr.co.uk

July

4*	The Feniton Frolic	Feniton, Honiton	1400	6M Approx	M/T	Sunday	www.honitonrc.com
9*	Erme Valley Relays	Ivybridge	1900	4 x 2.5 M laps		Friday	www.ev.h.5u.com
10*	Duckponds	Oreston/Plymstock	1800	7K Approx	M/T	Saturday	www.plymstockroadrunners.co.uk
10*	Otter Valley Rail & River Run	Tipton St John	1030	10K approx	M/T	Saturday	01404 - 813933
15*	Tavy Town Relays	Tavistock	1930	4x1.1M Approx		Thursday	www.tavistockathletics.com
22*	Kingsbridge 10K	Kingsbridge	1930	10K		Thursday	01548 - 854452
25	6 Moor Miles	Yelverton	1030	6 Miles approx	M/T C	Sunday	www.plymouthharriers.co.uk

August

7*	Cornwood Challenge	Cornwood	1800	10K Approx	M/T	Saturday	01752 - 892627
9*	Sidmouth Festival Run	Sidmouth	1100	10K Approx		Sunday	www.sidmouthrunningclub.org.uk
21*	Jurassic Coast Run	Budleigh Salterton	1100	10K Approx	M/T	Saturday	www.jurassiccoast10k.co.uk
22*	Torbay Royal Regatta 10K	Torbay	1900	10K	C	Sunday	www.torbay10k.org.uk
28*	Dartmouth Regatta Road Race	Dartmouth	1400	Various		Saturday	www.dartmouthathletics.co.uk
29*	Forest Flyer	Haldon Forest Park	1900	5 Miles approx	M/T	Friday	www.dawlishcoasters.co.uk

September

4*	Saltram 5K	Plymouth	1800	5K		Saturday	www.armadaathletics.com
5*	Dartmoor Dash	Princetown	1400	5 Miles Approx	M/T	Sunday	01822 - 890527
12*	Ivybridge Beacon Challenge	Ivybridge	1100	8 Miles approx	M/T	Sunday	www.ev.h.5u.com
12*	Back in Five	Torrington	1100	5 Miles approx	M/T	Sunday	www.torringtonaac.com
19*	Denes Doone Run	Lynton	1200	11.4 Miles app.	M/T	Sunday	www.thedenes.com/DooneRun.htm
26*	Musbury Castle Challenge	Axminster	1030	7.3 M approx	M/T	Sunday	www.musburycastlechallenge.co.uk

October

3*	Churston Flyer	Brixham	1100	5M		Sunday	www.sdac.co.uk
3*	Teign Valley Toddle	Christow	1025	10.2 M approx		Sunday	pentoes@hotmail.com
10*	Honi-ten	Honiton	1030	10 Miles		Sunday	www.honitonrc.com
17*	Dartmoor Vale Mara/1/2/10K	Newton Abbot	0915	26.2/13.1M/10K		Sunday	www.dmvmarathon.org.uk

30*	Sourton Scramble	Sourton	1100	6 Miles approx	M/T	Saturday	01837 - 861223
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November

6*	Templer Ten	Kingsteignton		9.5 M approx	M/T	Sunday	www.teignbridgetrotters.co.uk
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14*	Tavy 7	Whitchurch	1200	7 Miles		Sunday	www.tavistockathletics.com
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28*	Bicton Blister	Bicton	1100	10.5 M Approx	M/T	Sunday	www.bictonblister.co.uk
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December

5*	Cockington Christmas Caper	Cockington	1030	7 Miles Approx	M/T	Saturday	01803 - 391000
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5*	Bicton Banter	Bicton	1030	10K Approx	M/T	Saturday	www.womensrunningnetwork.co.uk
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6*	GWR Santa Run	Exeter				Sunday	www.ironbridgerunnerevents.co.uk
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12*	Otterton Reindeer Run	Otterton	1000	10K Approx	M/T	Saturday	www.sidmouthrunningclub.org.uk
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13*	Santa Christmas Pud Run	Plymouth	1100	5K Approx		Sunday	
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20*	Christmas Caper	Torrington	1100	9M Approx	M/T	Sunday	www.torringtonaac.com
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