

RESULTS OF GREAT WEST OPEN MEETING EXETER ARENA 13 APRIL 2008

UNDER 11 BOYS

60 metres				Wind + 1.0	70m mini hurdles				
1	Lewis	Pascoe	Newquay & Par	9.8	1	Jack	Digby	Plymstock RR	13.8
2	Jack	Trewhella	Mounts Bay H	9.8	2	Brendan	Stacey	SDAC	13.9
3	Jack	Digby	Plymstock RR	10.0	3	Sam	Dove	Exeter H	14.5
150 metres					Long Jump				
1	Jack	Trewhella	Mounts Bay H	24.2	1	Sam	Dove	Exeter H	3.44
					2	Jack	Trewhella	Mounts Bay H	3.37
					3	Ben	Harget	Exeter H	3.24
					4	Brendan	Stacey	SDAC	3.09
600 metres					5	Lewis	Pascoe	Newquay & Par	3.08
1	Sam	Dove	Exeter H	2.05.9					
2	Brendan	Stacey	SDAC	2.07.4					
3	Ben	Harget	Exeter H	2.14.7					
4	Jack	Digby	Plymstock RR	2.19.6					

UNDER 11 GIRLS

60 metres U11 Girl Race 1					600 metres				
1	Maylah	Chapman	Nequay & Par	9.7	1	Lowenna	Hawkey	Newquay & Par	2.04.5
2	Jane	Holmes	Cornwall AC	9.7	2	Francesca	Waters	Cornwall AC	2.05.4
3	Christina	Brend	NDAC	9.8	3	Diana	Chalmers	Newquay & Par	2.09.5
4	Maisie	Brown	Taunton AC	9.9	4	Celina	Meek	Newton Abbot AC	2.18.5
5	Lowenna	Hawkey	Newquay & Par	10.1	5	Laurie	Dawkins	Exeter H	2.20.9
6	Elizabeth	Godwin	Exeter H	11.2	6	Rebecca	Tinkler	EVH	2.26.1
					7	Phoebe	Killen	Tiverton H	2.28.9
Race 2					70m mini hurdles				
1	Mollie	Daly	Newton Abbot AC	9.5	Race 1 Wind +5.0				
2	Laurie	Dawkins	Exeter H	9.5	1	Maylah	Chapman	Nequay & Par	14.1
3	Rebecca	Tinkler	EVH	9.5	2	Lowenna	Hawkey	Newquay & Par	14.8
4	Amalia	Gimbuta	Exeter H	9.6	3	Celina	Meek	Newton Abbot AC	14.9
5	Tiegan	Walsh	Plymstock RR	9.7	4	Diana	Chalmers	Newquay & Par	15.4
6	Sophie	Thomas	N Somerset AC	10.3	Race 2 Wind + 1.5				
150 metres					1	Sophie	Thomas	N Somerset AC	14.4
1=	Mollie	Daly	Newton Abbot AC	23.5	2	Maisie	Brown	Taunton AC	15.1
1=	Maylah	Chapman	Nequay & Par	23.5	3	Amalia	Gimbuta	Exeter H	15.2
2	Laurie	Dawkins	Exeter H	24.1	4	Abby	Cayton-Smith	Newquay & Par	16.5
3	Tiegan	Walsh	Plymstock RR	24.1	Long Jump				
4	Celina	Meek	Newton Abbot AC	24.2	1	Mollie	Daly	Newton Abbot AC	3.44
5	Jane	Holmes	Cornwall AC	24.3	2	Francesca	Waters	Cornwall AC	3.38
6	Francesca	Waters	Cornwall AC	24.4	3	Tiegan	Walsh	Plymstock RR	3.32
7	Rebecca	Tinkler	EVH	26.7	4	Jane	Holmes	Cornwall AC	3.29
8	Phoebe	Killen	Tiverton H	27.4	5	Amalia	Gimbuta	Exeter H	3.27
					6	Diana	Chalmers	Newquay & Par	3.05
					7	Maisie	Brown	Taunton AC	2.99
					8	Abby	Cayton-Smith	Newquay & Par	2.72
					9	Louise	King	?	2.50

UNDER 13 BOYS

100 metres Wind + 2.3

1	Liam	Hubbard	SDAC	14.4
2	Alistair	Tamblyn	Plymouth AC	14.5
3	Aaron	Evison	Newquay & Par	14.7
4	Graeme	Tinkler	Newton Abbot AC	15.0
5	Luke	Snetzler	Bideford AC	15.2
6	Shay	Drew	Newquay & Par	15.6
7	Cameron	Green	Cornwall AC	16.6

75m Hurdles

1	Corey	Cross	Newquay & Par	14.8
2	Jake	Carley	Mounts Bay H	17.2
3	Sam	Grannell	EVH	21.4

High Jump

1	Nicholas	Smith	Exeter H	1.15
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150 metres

1	Liam	Littlejohn	Cornwall AC	21.1
2	Alistair	Tamblyn	Plymouth AC	21.7
3	Liam	Hubbard	SDAC	22.1
4	Graeme	Tinkler	Newton Abbot AC	22.2
5	Shay	Drew	Newquay & Par	23.4
6	Matthew	Fay	Bideford AC	23.5

Long Jump U13 Boys

1	Aaron	Evison	Newquay & Par	4.38
2	Liam	Littlejohn	Cornwall AC	4.29
3	Shay	Drew	Newquay & Par	3.82
4	Ben	Hawkins		3.77
5	Luke	Snetzler	Bideford AC	3.75
6	Sam	Grannell	EVH	3.61
7	Sam	Heslop	Cornwall AC	3.58
8	Corey	Cross	Newquay & Par	3.58
9	Matthew	Fay	Bideford AC	3.37
10	Nicholas	Smith	Exeter H	3.22
11	Cameron	Green	Cornwall AC	3.17

600 metres

1	Sam	Heslop George	Cornwall AC	1.43.9
2	Graeme	Tinkler	Newton Abbot AC	1.46.5
3	Alistair	Tamblyn	Plymouth AC	1.51.4
4	Liam	Littlejohn	Cornwall AC	1.51.9
5	Corey	Cross	Newquay & Par	2.02.0
6	Matthew	Fay	Bideford AC	2.03.2
7	Nicholas	Smith	Exeter H	2.05.1

Shot

1	Liam	Hubbard	SDAC	6.10
2	Sam	Grannell	EVH	5.36
3	Cameron	Green	Cornwall AC	5.26

1200 metres

1	Xan	Wesoldwski	NDAC	4.09.4
2	Ben	Hawkins		4.15.3
3	Ned	Oliver	Bideford AC	4.15.3
4	Jake	Carley	Mounts Bay H	4.15.7
5	Dan	Tucker	SDAC	4.21.6
6	Jack	Clarke	Exeter H	4.30.5

UNDER 13 GIRLS

100 metres Race 1 Wind + 3.1

1	Rosie	Dawson	Exeter H	14.5
2	Holly	King	SWRR	14.9
3	Lottie	Jose	Mounts Bay H	15.2
4	Sophie	Digby	Plymstock RR	16.2

1200 metres

1	Jessica	Bennett	NDAC	4.10.1
2	Anju	Gaston	Exeter H	4.30.5
3	Holly	Keane	Plymouth AC	4.38.3
4	Fenella	Johnson	NDAC	4.46.9

Race 2 Wind + 4.0

1	Holly	Schulz	Exeter H	13.8
2	Abbie	Hewitt	Cornwall AC	14.3
3	Amelia	Bryant	NDAC	14.9
4	Libby	Cock	Cornwall AC	15.0
5	Hannah	Saunders	Newquay & Par	15.0

70 metres Hurdles

1	Maria	Brett	Newquay & Par	12.2
2	Ellie	Broughton	Plymstock RR	14.9
3	Sophie	Digby	Plymstock RR	15.0

Wind + 1.7

150 metres Race 1

1	Lurenda	Mudd	Gloucester AC	21.1
2	Jessica	Bennett	NDAC	22.1
3	Amelia	Bryant	NDAC	23.0
4	Libby	Cock	Cornwall AC	23.1
5	Steise	Hodgson	NDAC	23.7
6	Fenella	Johnson	NDAC	24.8

High Jump

1	Catherine	Snell	Exeter H	1.19
2	Libby	Norman	Exeter H	1.13
3	Rosie	Dawson	Exeter H	1.13
4	Amelia	Bryant	NDAC	1.10
5	Madeleine	Goodfellow	Exeter H	1.05

Long Jump U13 Girls

Race 2

1	Holly	Schulz	Exeter H	21.0	1	Charlotte	Cayton-Smith	Newquay & Par	4.34
2	Maria	Brett	Newquay & Par	21.2	2	Maria	Brett	Newquay & Par	4.17
3	Charlotte	Cayton-Smith	Newquay & Par	21.6	3	Jessica	Bennett	NDAC	4.16
4	Abbie	Hewitt	Cornwall AC	21.9	4	Libby	Cock	Cornwall AC	3.90
5	Katie	Yeomans	Newquay & Par	23.1	5	Katie	Yeomans	Newquay & Par	3.64
					6	Madeleine	Goodfellow	Exeter H	3.35

600 metres

1	Charlotte	Cayton-Smith	Newquay & Par	1.50.7
2	Katie	Yeomans	Newquay & Par	1.54.9
3	Lottie	Jose	Mounts Bay H	1.55.1
4	Steise	Hodgson	NDAC	1.55.7
5	Lurenda	Mudd	Gloucester AC	1.58.7
6	Holly	King	SWRR	2.01.2
7	Libby	Norman	Exeter H	2.14.9
8	Sophie	Digby	Plymstock RR	2.24.1

Shot (2.72 kg)

1	Karis	Harrington	Newquay & Par	8.61
2	Elizabeth	Godwin	Exeter H	6.10
3	Hannah	Saunders	Newquay & Par	6.00
4	Lurenda	Mudd	Gloucester AC	5.69

UNDER 15 BOYS

100 metres Wind +0.5

1	Jake	Fisher	N Somerset AC	13.1
2	Adam	Reed	NDAC	13.5
3	Lewis	Burges	Exeter H	13.8
4	Iain	Tinkler	Newton Abbot AC	14.3
5	Sam	Peterson	Newton Abbot AC	15.8

80m Hurdles

1	David	King	Plymouth AC	12.4
2	Edward	O'Hara	Radley AC	14.2

High Jump

1	Edward	O'Hara	Radley AC	1.60
2	David	King	Plymouth AC	1.55
3	Kieran	Luxton	Exeter H	1.55
4	Sam	Peterson	Newton Abbot AC	1.30

200 metres Wind + 1.9

1	Adam	Reed	NDAC	27.4
2	Iain	Tinkler	Newton Abbot AC	29.1
3	Alex	Hunt	Axe Valley R	30.1
4	Bradley	Green	Plymouth AC	32.1

Long Jump

1	Harry	Edney	Bideford AC	4.25
2	Lewis	Burgess	Exeter H	4.19
3	Aidan	Evison	Newquay & Par	4.17
4	Sam	Peterson	Newton Abbot AC	3.68
5	Adam	Caunter	Newton Abbot AC	3.67

400 metres

1	Edward	O'Hara	Radley AC	60.1
2	Alex	Hunt	Axe Valley R	68.0

800 metres

1	Hugh	Bayley	Exeter H	2.23.3
2	Alex	Hunt	Axe Valley R	2.41.7

Triple Jump

1	Jake	Fisher	N Somerset AC	11.10
2	Adam	Reed	NDAC	10.27

1500 metres

1	Blair	Brown	Taunton AC	4.34.9
2	Simon	Cooper	Taunton AC	4.35.9
3	Rowan	Preece	Taunton AC	4.44.0
4	Alex	Carter	Team Bath	4.45.6
5	Sam	Fice	Newton Abbot AC	4.55.1
6	Isaac	Taschimowitz	Taunton AC	5.05.2
7	Adam	Caunter	Newton Abbot AC	5.11.1
8	Joshua	Jack	Plymouth AC	5.12.9
9	Harry	Edney	Bideford AC	6.16.6

Shot

1	Jake	Fisher	N Somerset AC	8.70
2	sy	Chapman	Newquay & Par	7.27
3	Iain	Tinkler	Newton Abbot AC	6.80

Discus

1	Alistair	Tuck	Dorchester AC	25.55
2	Jonathan	Clayton	Bristol & West	25.18
3	Sy	Chapman	Newquay & Par	16.58

3000 metres

1	Aidan	Evison	Newquay & Par	10.47.4
2	Aaron	Jose	Mounts Bay H	10.51.2

Javelin 600g

1	Robin	Danaher	Taunton AC	46.40
2	Bradley	Green	Plymouth AC	28.31
3	Aaron	Evison U13	Newquay & Par	25.84
4	Aidan	Evison	Newquay & Par	24.80

Hammer

1	Alistair	Tuck	Dorchester AC	29.67
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UNDER 15 GIRLS

100 metres Race 1 Wind +1.2

1	Rebecca	Phillips	NDAC	14.0
2	Gabi	Tillson-Hawke	Exeter H	14.4
3	Lauren	Clapp	Exeter H	14.6
4	Emma	O.Hara	Radley AC	14.9
5	Jessie	Winder	Exeter H	14.6

75m Hurdles

1	Beth	Skinner	Exeter H	12.7
2	Holly	Molesworth	EVH	13.0
3	Kimberley	Morgan	NDAC	15.9

Race 2 Wind + 2.8

1	Rebecca	Brown	Exeter H	12.6
2	Lamorna	Newman	Cornwall AC	12.8
3	Sophie	O'Neill	Torbay AC	13.4
4	Chloe	Gimbuta	Exeter H	13.6
5	Jazmin	Gould	Plymouth AC	13.8
6	Kiani	Pay	Cornwall AC	14.5

High Jump

1	Megan	Higginson	Newton Abbot AC	1.47
2	Alice	Vage	Cornwall AC	1.47
3	Rebecca	Brown	Exeter H	1.44
4	Kimberley	Morgan	NDAC	1.41
5	Kiani	Ray	Cornwall AC	1.41
6	Chloe	Carley	Mounts Bay H	1.38
7	Jessie	Winder	Exeter H	1.15

200 metres Wind + 0.2

1	Rebecca	Brown	Exeter H	26.7
2	Jazmin	Gould	Plymouth AC	28.0
3	Chloe	Gimbuta	Exeter H	28.5
4	Rebecca	Phillips	NDAC	28.5
5	Rosie	Chamberlain	Exeter H	29.5
6	Megan	Hansen	EVH	29.9
7	Gabi	Tillson-Hawke	Exeter H	30.2
8	Lauren	Clapp	Exeter H	30.4

Long Jump

1	Sophie	O'Neill	Torbay AC	4.67
2	Chloe	Gimbuta	Exeter H	4.64
3	Kiani	Pay	Cornwall AC	4.37
4	Kimberley	Morgan	NDAC	4.29
5	Rebecca	Phillips	NDAC	4.19
6	Keiley	Macdonald	Taunton AC	3.93
7	Beth	Skinner	Exeter H	3.86
8	Lauren	Clapp	Exeter H	3.81

300 metres

1	Lamorna	Newman	Cornwall AC	42.9
2	Holly	Molesworth	EVH	46.9
3	Megan	Hansen	EVH	48.1

Triple Jump

1	Sophie	O'Neill	Torbay AC	10.00
2	Beth	Skinner	Exeter H	9.86
3	Megan	Hansen	EVH	8.91
4	Emily	Ruffell-Hazell	Taunton AC	8.50

800 metres

1	Jess	Harvey	EVH	2.31.6
2	Chloe	Carley	Mounts Bay H	2.34.1
3	Bethany	Harrison	Taunton AC	2.36.3
4	Alice	Vage	Cornwall AC	2.39.1
5	Susie	McLaren	Exeter H	2.52.2
6	Kelsey	Fitzgerald	Exeter H	3.12.6

Shot

1	Emma	O.Hara	Radley AC	8.74
2	Lamorna	Newman	Cornwall AC	7.68
3	Lucy	Smith	Exeter H	7.18
4	Leanna	Fay	Bideford AC	7.00

1500 metres

1	Rosie	Chamberlain	Exeter H	5.06.2
2	Annie	Ingram	Team Bath	5.19.6
3	Katie	Burns	Plymouth AC	5.23.4
4	Emily	Ruffell-Hazell	Taunton AC	5.28.4
5	Harriet	Rogers	Taunton AC	5.34.3
6	Samantha	Walker	Torbay AC	5.40.2
7	Ailsa	Sharrock	Newquay & Par	5.46.2
8	Keiley	Macdonald	Taunton AC	5.51.0
9	Leanna	Fay	Bideford AC	6.16.1

Discus

1	Emma	O.Hara	Radley AC	22.70
2	Lucy	Smith	Exeter H	13.63

Javelin

1	Lucy	Smith	Exeter H	20.41
2	Leanna	Fay	Bideford AC	19.30
3	Samantha	Walker	Torbay AC	16.85

UNDER 17 MEN

100 metres Wind +1.7

1	Tyler	Johnson	Plymouth AC	11.8
2	Alec	Crowter	Exeter H	11.9
3	Ryan	Brend	NDAC	12.0
4	Sam	Stacey	SDAC	12.0
5	Byron	Fitzgerald	Exeter H	12.3
6	James	Norman	NDAC	12.5
7	Joshua	Tunstall	Exeter H	12.9

High Jump

1	Vincent	Berry	Exeter H	1.67
2	Callum	Evison	Newquay & Par	1.45

Long Jump

1	Joshua	Tunstall	Exeter H	5.45
2	Jake	Parmenter	NDAC	5.30
3	Sam	Stacey	SDAC	5.25
4	Chris	Harris	Newquay & Par	5.13
5	Andrew	Reed	EVH	5.02

200 metres

					Triple Jump				
1	Tyler	Johnson	Plymouth AC	23.5	1	Jake	Parmenter	NDAC	11.01
2	Alec	Crowter	Exeter H	23.9	2	Vincent	Berry	Exeter H	10.86
3	Sam	Stacey	SDAC	24.6					
4	James	Norman	NDAC	25.5	Shot				
5	Ben	Gilbert	EVH	25.8	1	Liam	Biddlecombe	Yeovil O	14.28
6	Chris	Smith	SDAC	26.7	2	Matthew	Halton	Newquay & Par	13.96
7	Thomas	Cawsey	Bideford AC	28.0	3	Ashley	Andrews	Forest of Dean	11.11

400 metres

1	Alec	Crowter	Exeter H	54.6	4	Andrew	Elkins	Bournemouth AC	10.89
2	Ben	Gilbert	EVH	56.7	5	Ben	Conibear	SDAC	10.36
3	Chris	Smith	SDAC	58.5					

800 metres

1	Eliot	Buckner	KEVICS	2.12.0	1	Liam	Biddlecombe	Yeovil O	45.69
2	Joshua	Tunstall	Exeter H	2.13.2	2	Andrew	Elkins	Bournemouth AC	35.98
3	Andrew	Reed	EVH	2.17.2	3	Ashley	Andrews	Forest of Dean	34.03
					4	Michael	King	Plymouth AC	32.28
					5	Matthew	Halton	Newquay & Par	31.67

1500 metres

1	Charlie	Maclean	Taunton AC	4.26.5	Javelin				
2	Ben	Phillips	Taunton AC	4.27.7	1	Steve	Turnock	Exeter H	52.87
3	Tom	Beer	Team Bath	4.32.2	2	Ben	Conibear	SDAC	41.18
4	Andrew	Reed	EVH	4.51.1	3	Callum	Evison	Newquay & Par	29.54
5	Thomas	Cawsey	Bideford AC	5.14.5	Hammer				

3000 metres

1	Andrew	Smith	Tiverton H	10.05.4	1	Andrew	Elkins	Bournemouth AC	55.90
2	Daniel	Clapp	Axe Valley R	10.44.6	2	Ashley	Andrews	Forest of Dean	42.30
					3	Matthew	Halton	Newquay & Par	40.92
					4	Matt	Norton		30.81

100 metres Hurdles Wind + 3.3

1	Ben	Conibear	SDAC	14.8
2	Robin	Swift	Torbay AC	15.3
3	Vincent	Berry	Exeter H	16.1

400 metres Hurdles

1	Byron	Fitzgerald	Exeter H	66.1
	Robin	Swift	Torbay AC	dis

UNDER 17 WOMEN

100 metres Wind + 2.0

1	Amy	Wakeham	Exeter H	13.1
2	Charlotte	Maxwell	Exeter H	13.2
3	Kerry	Gale	Exeter H	13.4
4	Kiah	Rosenstein	Plymouth AC	13.7
5	Bethany	Scattergood	NDAC	13.7

200 metres

1	Hayley	Harvey	Plymouth AC	26.3
2	Katie	Hewitt	Cornwall AC	27.2
3	Kerry	Gale	Exeter H	27.7
4	Bethany	Scattergood	NDAC	28.2
5	Kiah	Rosenstein	Plymouth AC	28.7
97	Amy	Wakeham	Exeter H	

300 metres

1	Hayley	Harvey	Plymouth AC	41.4
2	Katie	Hewitt	Cornwall AC	42.6
3	Thuza	Edworthy	Newton Abbot AC	45.4

800 metres

80 metres Hurdle Wind +1.6

1	Amy	Wakeham	Exeter H	12.1
2	Charlotte	Maxwell	Exeter H	12.4
3	Jenny	Robinson	Exeter H	12.5
4	Philippa	Brett	Newquay & Par	13.2
5	Thuza	Edworthy	Newton Abbot AC	13.4
6	Louise	Way	NDAC	15.1

300m Hurdles

1	Thuza	Edworthy	Newton Abbot AC	48.5
2	Caroline	Parmenter	NDAC	54.2

High Jump

1	Sarah	Williamson	Cornwall AC	1.60
2	Louise	Way	NDAC	1.55
3	Adrienne	Richards	Newton Abbot AC	1.50
4	Emma	Nightingale	Cornwall AC	1.45
5	Caroline	Parmenter	NDAC	1.40

Long Jump

1	Laura	James	Taunton AC	2.33.3	1	Louise	Way	NDAC	5.05
2	Cara	Tucker	SDAC	2.36.2	2	Philippa	Brett	Newquay & Par	4.49
3.00 1500 metres U17 Women					3	Anna	Rust	Exeter H	4.44
					4	Sarah	Turner	Bideford	3.19
1	Catherine	Blew	Taunton AC	4.45.1	Shot				
2	Sarah	Turner	Bideford AC	6.58.3	1	Julia	Walkden	Exeter H	9.57
3000 metres					2	Sarah	Turner	Bideford AC	5.23
1	Emily	Bliss	Exeter H	11.13.2	Discus				
2	Amy	Rundle	Cornwall AC	11.19.5	1	Julia	Walkden	Exeter H	38.51
5000 metres					2	Megan	Tuck	Dorchester AC	29.87
1	Anna	Rust	Exeter H	20.04.0	Javelin				
					1	Izzy	Jeffs	NDAC	41.99
					2	Philippa	Stiff	Plymouth AC	23.25
					Hammer				
					1	Megan	Tuck	Dorchester AC	32.42

U20 MEN, MEN & MASTERS

100 metres		Race 1	Wind -0.2		100m hurdles Men 50		Wind +3.3		
1	Scott	Foster U20	Exeter H	11.7	1	Clive	Pengelly	Newquay & Par	16.9
2	Matthew	Peterson	Newton Abbot AC	11.9	400 m Hurdles				
3	Sam	Peters U20	EVH	11.9	1	Andrew	Faulkner	Yeovil O	57.2
4	Mark	Bannan M50	SWVAC	13.1	2	Matt	Parsley U20	Exeter H	58.7
5	Mario	Lapka M50	Exeter H	13.2	3	Geoff	Hill	Exeter H	59.3
		Race 2	Wind + 1.4		4	Lee	Salter	Exeter H	68.6
1	Andrew	Faulkner	Yeovil O	11.1	High Jump				
2	George	Robinson U20	Exeter H	11.3	1	Matthew	Gilbert U20	Plymouth AC	1.90
3	Alex	Macgregor U20	Exeter H	11.6	2	Ian	Allen M40	Exeter H	1.65
4	Mathew	Harris U20	Newquay & Par	11.6	Long Jump				
5	Matthew	Cawsey U20	Bideford AC	12.0	1	Alex	Macgregor U20	Exeter H	6.19
6	Ian	Allen M40	Exeter H	12.0	2	Ian	Allen M40	Exeter H	6.15
7	Ben	Crowter M??	Unatt	14.1	3	Matt	Petersen	Newton Abbot	5.99
200 metres		Race 1	Wind + 1.9		4	Mathew	Harris U20	Newquay & Par	5.90
1	Paul	Hindle	Newton Abbot AC	23.8	5	Mario	Lapka M50	Exeter H	5.14
2	Stephen	Barber	Team Bath	25.2	Triple Jump				
3	Mark	Bannan M50	SWVAC	26.2	241	Duncan	Steward M?	Yeovil O	8.94
4	Clive	Pengelly M50	Newquay & Par	26.6					
		Race 2	Wind ?						
1	Andrew	Faulkner	Yeovil O	22.3					
2	Richard	Scott	Exeter H	23.3					
3	Scott	Foster U20	Exeter H	23.4					
4	Geoff	Hill	Exeter H	23.4					
5	Sam	Peters U20	EVH	23.6					
6	Matthew	Cawsey U20	Bideford AC	24.2					

WOMEN

100 metres Race 1 Wind + 3.3

1	Jo	Ross	Cornwall AC	13.7
2	Georgina	Martin W35	NDAC	14.4
3	Jackie	Wakeham W40	Unatt	14.7
4	Clare	Frank W35	Exeter H	15.0

80m Hurdles

1	Jacky	Brett W40	Newquay & Par	12.4
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Race 2 Wind + 4.3

1	Deborah	Fleming U20	Cornwall AC	12.7
3	Christie	Smith U20	Cornwall AC	13.0
5	Joedy	Platt	NDAC	13.0
4	Abbie	Morris	EVH	13.3
2	Sarah	Mageean	Newquay & Par	13.5

3000 metres

1	Katherine	Humphreys	Exeter H	10.21.8
2	Naomi	Taschimowitz	Taunton AC	10.43.1
3	Rachel	Heard U20	Taunton AC	11.21.5

400m Hurdles

1	Lucy	Beer U20	Team Bath	75.0
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200 metres Race 1 Wind + 5.6

1	Sarah	Mageean	Newquay & Par	27.4
2	Hayley	Steward	Yeovil O	27.7
3	Leanne	Glover U20	NDAC	28.3
4	Jo	Ross	Cornwall AC	28.3
5	Georgina	Martin W35	NDAC	29.4
6	Clare	Frank W35	Exeter H	30.7

High Jump

No competitors

Long Jump

1	Hayley	Steward	Yeovil O	4.78
2	Olivia	Steward	Yeovil O	4.02
3	Marie	Hudson	Newquay & Par	4.01

Race 2 Wind + 3.7

1	Sophie	Skinner U20	Exeter H	25.6
2	Deborah	Fleming U20	Cornwall AC	26.9
3	Christie	Smith U20	Cornwall AC	26.9
4	Joedy	Platt	NDAC	27.6

Shot

1	Rachel	Higgs	NDAC	8.99
2	Hayley	Steward U20	Yeovil O	8.70
3	Joedy	Platt	NDAC	8.66
4	Hayley	Green U20	Bristol & West	7.84
5	Olivia	Steward U20	Yeovil O	7.35
6	Clare	Frank W35	Exeter H	7.28

400 metres

1	Emily	Weeks U20	Exeter H	60.1
2	Leah	Paulley	Newquay & Par	61.0
3	Amanda	Evans	Exeter H	62.2
4	Leanne	Glover	NDAC	64.4
5	Robyn	Keane U20	Plymouth AC	66.9
6	Lucy	Beer U20	Team Bath	67.3
7	Georgina	Martin W35	NDAC	68.5

Discus

1	Katie	Wickman U20	NDAC	42.23
2	Hayley	Green U20	Bristol & West	29.37
3	Sylvia	Steward	Yeovil O	19.36

Javelin U20

1	Emily	Martin	Newton Abbot	29.03
2	Sophie	Skinner	Exeter H	28.65
3	Hayley	Steward	Yeovil O	25.12

800 metres

1	Emily	Weeks U20	Exeter H	U20
2	Robyn	Keane U20	Plymouth AC	U20

Hammer

1500 metres

1	Chloe	Anderson U20	Exeter H	4.47.7
2	Caroline	Steven W??	Newquay & Par	5.01.0
3	Jackie	Walpole	Exeter H	5.13.3

1	Christina	Jones	Bristol & West	38.26
2	Alice	Seabrook U20	Yate & Dist	32.60
3	Rachel	Higgs	NDAC	32.55
4	Hayley	GreenU20	Bristol & West	31.75