

Devon County AA Ten Mile Road Race Championships
Brooks Plymouth Hoe 10 15 February 2009

<u>Medal</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
<u>Mens Open</u>			
Gold	Jim Cole	Tavistock AC	52;06
Silver	Tom Merson	SWRR	52;13
Bronze	Kairn Stone	Newham & Essex Beagles	52;48
<u>Mens Vet 40</u>			
Gold	Stuart Hall	Tipton Harriers	56;00
Silver	Neil Holmes	Erme Valley Harriers	56;31
Bronze	Jon Parkinson	Torbay AC	59;19
<u>Mens Vet 45</u>			
Gold	Kerry Roberts	Tiverton Harriers	58;33
Silver	Alan Ryder	Erme Valley Harriers	59;04
Bronze	Tony Symons	Tavistock AC	59;37:00
<u>Mens Vet 50</u>			
Gold	Mike Hansen	Erme Valley Harriers	58;49
Silver	Paul Paskins	Plymouth Harriers	67;55
Bronze	Alec McLaren	Bideford AAC	68.58
<u>Mens Vet 55</u>			
Gold	John Shapland	NDRR	59;07
Silver	Michael Eveleigh	Teignbridge Trotters	62;52
Bronze	Paul Wilsmore	Tamar Trotters	66;44
<u>Mens Vet 60</u>			
Gold	Michael Lewis	SW Vets	74;27
Silver	Ray Brown	Torbay AC	74;54
Bronze	Raymond Wilson	Torbay AC	77;22
<u>Mens Vet 65</u>			
Gold	Graeme Baker	Teignbridge Trotters	79;36
Silver			
Bronze			
<u>Mens Vet 70</u>			
Gold	Ken House	SDAC	91;41
Silver			
Bronze			
<u>Junior Men U20</u>			
Gold			
Silver			
Bronze			

Ladies Open

Gold	Helen Dyke	Torbay AC	59;27
Silver	Lucy Cartwright	SWRR	60;53
Bronze	Katherine Humphreys	Exeter Harriers	63;50

Ladies Vet 35

Gold	Helen Dyke	Torbay AC	59;27
Silver	Alison Thorn	WRN	64;14
Bronze	Nicole Heryet	Tavistock AC	76;08

Ladies Vet 40

Gold	Nicola Hill	Newton Abbot AC	69;47
Silver	Catherine Fewings	Torbay AC	71;09
Bronze	Linda Bracher	Erme Valley Harriers	76;58

Ladies Vet 45

Gold	Wendy Urban	Torbay AC	65;11
Silver	Judy Davey	Honiton RC	74;28
Bronze	Julie Hedges	SWRR	77;48

Ladies Vet 50

Gold	Gia D'Aprano	Teignbridge Trotters	75;51
Silver			
Bronze			

Ladies Vet 55

Gold	Angie Handforth	Erme Valley Harriers	84;56
Silver			
Bronze			

Ladies Vet 60

Gold			
Silver			
Bronze			

Ladies Under 20

Gold			
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Mens Team (4 to count)

Gold	Tavistock AC	J Cole, H Wiltshire, N Barkell, T Symons
Silver	Torbay AC	L Turner, A Humphreys, J Parkinson, A Longthorpe
Bronze	Erme Valley harriers	N Holmes, M Hansen, A Ryder, J Frost

Vet Mens Team (3 to count)

Gold	Erme Valley harriers	N Holmes, M Hansen, A Ryder.
Silver	Teignbridge Trotters	M Eveleigh, C Cleave, J Tweedie.
Bronze	Tavistock AC	T Symons, D Twine, P Bazley

Ladies Team (3 to count)

Gold	Torbay AC	H Parkinson, W Urban, C Fewings
Silver	Erme Valley Harriers	A McEwing, L Bracher, C Jones
Bronze		

Ladies Vet Team (3 to count)

Gold	Torbay AC	H Parkinson, W Urban, C Fewings
Silver		
Bronze		